

## Getaway 2018 Breakout Sessions

### **Title: Intentional home. Intentional family. Intentional you.**

Speaker: Debbie Briggs

Let's face it ... sometimes we all need to try fresh ideas in our homes and families that allow for more practical, joy-filled, and God-honoring moments. This session includes a potpourri of ideas that can be immediately implemented in your own home and family. You will understand at the end of the session why Debbie's home, and the homes of her sons and their families, all display signs that read: "Briggs do stuff." There will be some specific opportunities for you to follow up in the future and participate in ways to learn from one another.

### **Title: Life Together**

Speaker: Kelly O'Donnell

The early church paints for us this beautiful picture of a life lived in tight community with one another. Acts 2:44-45 (The Message) says, "And all the believers lived in a wonderful harmony, holding everything in common. They sold whatever they owned and pooled their resources so that each person's needs was met." Are you convicted and share a love for the early church? Together, we can get back to the basics of the early church model and see a revolutionary change as people are drawn to Jesus, simply through us living our everyday lives together.

### **Title: STOP!**

Speaker: Heather Rodriguez

The world never stops. But we need to. There are rich rewards in rest, but we have to learn to hit the pause button and experience it. For some, rest might seem like a waste of time - it means missing out on other good, maybe even great things. For others, rest seems like a luxury, there's simply too much to do. But, for nearly all of us, we crave rest, even if we don't know it, or how to do it. Join us as we dive into very practical ways to apply Sabbath rest in your daily, weekly, and yearly habits and discover how to implement them in our lives.

### **Title: 42 Seconds at a Time**

Speaker: Keely Jo Embleton

The average length of Jesus' conversations as recorded in the Gospels was 42 seconds long. Jesus' conversations were simple. Why do we overcomplicate it? Let's learn from Jesus, let's learn how to have great yet simple conversations with people. Let's exchange the system and structure of sharing your faith and just talk in a natural and meaningful way, like Jesus did. This will not only change your life but also the lives of those around you.

### **Title: Making Your Holiday Season Count**

Speaker: Christy Johnson

It happens to all of us. We promise ourselves each holiday season will be different. This year I will be more intentional. This year I will be ahead of the game! But too often the season comes and goes in the blink of an eye and we wonder where the time went. Between getting our homes ready for company, remembering to grab a hostess gift for the Christmas part, making those cookies for the cookie exchange, teacher gifts, thawing the turkey...ah! We get it! After this session, you'll walk away with practical tips and new ideas to make Thanksgiving through New Year's your most relaxing and maybe your most enjoyable one yet.

### **Title: Simple Hospitality Speaker:**

Angie Kahler

Hospitality has the power to change a generation. If you have a small home, or maybe don't even have a home of your own...that's not an excuse. Jesus never owned his own home, never invited people over, YET, he was always hospitable. In this session, learn how to be more intentional with your time, more purposeful with your living space and walk away with creative and simple ideas to inspire you to open the door to others, or take your hospitality on the road, just like Jesus.

**Title: The Living Compass, Our Heart, Soul, Strength, and Mind**

Speaker: Linda Moeser

The word *wholeness* comes from the same root as holy and holiness. As Christians, we get to seek wholeness through faith in God as our *Living Compass*. The whole being includes the dimensions of the heart, soul, body, and mind as found in the Scripture, "*Love the Lord your God with all your heart, with all your soul, with all your strength, and with your entire mind*" (Luke 10:27, Deuteronomy 6:5). This workshop offers the opportunity to pause and check our bearings with God's direction in the different dimensions of our life. After assessing where we are, we will create *Faith Steps* that require our focus, that are action oriented, inspired, time-specific, heart-felt and honest to guide us in recalibrating our life direction into God's best for us.

**Title: Let's Hike Speaker:**

Anne Sterling

Jesus walked. A lot. He also spent a lot of time in prayer. Let's join Him for an hour hike through His creation. Enjoy the beauty of the terrain, the quiet munching of a granola bar, the ebb and flow between conversation and silence. There will be opportunities to stop and pray along the way. Make sure to dress comfortably, bring a hat, sunscreen, water and wear closed toe shoes. Trekking poles welcome!

**Title: Amplify Peace: A Refugee Immersion**

Speaker: Yuksel, a Muslim, Syrian, Kurdish Refugee and Roxanne Small

According to Henry Nouwen, the ultimate goal of transformation is, "not to change people, but to offer them space where change can take place." Amplify Peace is about creating these spaces. Our world is constantly seeking to divide us. It emphasizes the differences we have between one another instead of choosing to see our similarities which connect us as people, as human beings. Being an agent of peace is about spending time with those who are different than us and listening to their story. Allow her story to disrupt you in all the right ways.