

# Divorce Resource guide



## Description

We are sorry for the circumstance that brought you here but we thankful you found us. We offer a class that we hope will help you to process divorce in spiritually and mentally healthy ways.

### **Bible Verses**

- Psalm 119:50 "My comfort in my suffering is this: Your promise preserves my life."
- Psalm 42:5 "Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God."

### Links

#### DR. HENRY CLOUD

#### **DIVORCE SUPPORT ANONYMOUS**

### Books

#### Divorce Care: Hope, Help, and Healing During and After Your Divorce -Steve Grissom

This book encourages anyone struggling with divorce to seek healing through Christ, no matter what stage he or she may currently be going through, offering insight and personal testimonies from those who have found healing in the midst of their pain.

#### PURCHASE HERE

### *It's Not Supposed to Be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered* -Lysa TerKeurst

Life often looks so very different than we hoped or expected. Some events may simply catch us off guard for a moment, but others shatter us completely. We feel disappointed and disillusioned, and we quietly start to wonder about the reality of God's goodness. Lysa TerKeurst understands this deeply. But she's also discovered that our disappointments can be the divine appointments our souls need to radically encounter God.

#### **PURCHASE HERE**

### **Central Resources**

• TALK TO SOMEONE

#### LOOKING FOR COUNSELING?

#### • DIVORCE CARE

We are sorry for the circumstances that bring you here, but we're glad that you found us. You will hear concepts and practical advice that can help you heal from your separation and divorce. In fact, you'll hear things that can help you put all the pieces of your life back together again. It is very important to fully heal rather than look for quick fixes. This DivorceCare class in a small group sharing time will help you to process it in spiritually and mentally healthy ways.