

"Marriage has the power to set the course of your life as a whole. If your marriage is strong, even if all the circumstances in your life around you are filled with trouble and weakness, it won't matter. You will be able to move out into the world in strength."
-Timothy Keller

MARRIAGE

Central's marriage ministry is here to help equip, empower, and renew you as a couple no matter where you are on your relationship journey.

BIBLICAL FOUNDATION

- Matthew 19:6
- 1 Corinthians 13:4-7
- Ephesians 5:21-33
- 1 Peter 4:8

> Get Connected

Speak with a pastor or Central Staff



PREPARING FOR MARRIAGE

Are you wondering how to prepare for marriage? Please see resources below.

PODCAST

> The Premarriage Podcast

Dave and Ashley Willis



RESOURCES

Pre-Marriage at Central

Pre-Marriage is a program designed to equip you for a lifelong and fulfilling marriage.

Visit our centralaz.com/marriage page for more info.

Assessment

SYMBIS Pre-Marriage Assessment

Sign up for Central's Pre-Marriage course and take the The <u>SYMBIS</u> Assessment, the most practical, relevant and robust pre-marriage tool ever developed.

BOOKS

> <u>Saving Your Marriage Before It Starts: Seven Questions to Ask Before--And After--You Marry</u>

Dr. Les and Leslie Parrot

>Nine Essential Questions Before You Say I Do

Gary Thomas

> <u>Preparing Your Heart for Marriage</u>

Gary Thomas

> <u>Boundaries in Marriage: Understanding the Choices that Make or Break Loving Relationships</u>

Dr. Henry Cloud / Dr. John Townsend



MARRIAGE ENRICHMENT

Do you desire to strengthen your marital relationship, have a deeper connection, and improve understanding and intimacy with one another?

PODCAST

> Crazy Little Thing Called Marriage

Greg and Erin Smalley



Crazy Little Thing Called Marriage

Did you know the Hebrew root word for marriage is the same as mess? Okay, maybe not, but it wasn't a stretch to believe, right? This is the podcast for C...

ONLINE RESOURCES

Assessment

> Better Love

Take a customized, online marriage assessment that will generate a 4-date action plan to discuss your results.

Local Retreat/Getaway

> Weekend to Remember

Scottsdale and Tucson, Arizona

Register with code:

Centralsupportsmarriages

*receive \$100 off registration cost or lowest price

BOOKS

> <u>Sacred Marriage: What If God Designed Marriage to Make Us Holy More Than to Make Us Happy</u>

Gary Thomas

> Grace Filled Marriage

Tim Keller

> <u>5 Love Languages</u>

Gary Chapman

> <u>Boundaries in Marriage: Understanding the Choices that Make or Break Loving Relationships</u>

Dr. Henry Cloud / Dr. John Townsend

> Power of a Praying Wife

Stormie Omartian

> Power of a Praying Husband

Stormie Omartian



MARRIAGE RESTORATION

No matter how your marriage got to the place where it is now, it is possible to find restoration. Please find tools and resources below to find hope and healing for your marriage.

PODCAST

> The Redeemed Marriage Project



MEET RUSTY AND HEATHER BRYANT

Rusty and Heather Bryant discuss ways to encourage healthy marriages, strengthen wounded marriages, and begin the process of restoration to broken...

ONLINE RESOURCES

Support Group/Courses

> Affair Recovery

Affair Recovery offers variety of resources including online courses for couples & individuals and an extensive online recovery library

Marriage Intensive

> <u>Hope Restored</u> Scottsdale, Arizona

Hope Restored marriage intensives are a period of counseling over 3-5 days that allows our licensed counselors to help you get to the root of your issues.

> Need Counseling?

click on the link to fill out a counseling form and we will get you connected with a counselor in your area.

BOOKS

> Surviving an Affair

Willard Harley and Jennifer Harley Chalmers

> Anatomy of an Affair

David Carder

> Fierce Marriage

Ryan and Selena Frederick

