

COMMUNITY RESOURCE GUIDE 2020



ADOPTION SERVICES

Christian Family Care

Phoenix

602-234-1935

<https://cfcare.org/adoption-2/about-adoption/>

Aid to Adoption of Special Kids (AASK)

Valley Wide Locations

602-930-4900

<https://www.aask-az.org/>

Arizona's Children Assn. Foster Care & Adoption

Phoenix

1-800-944-7611 or 602-234-3733

<https://www.arizonaschildren.org/>

AZ Foster Care & Adoption DCS

Phoenix

1-877-543-7633

<https://dcs.az.gov/fosteradoption/provide-permanency-child-through-adoption>

Arizona State Adoption Assistance Program-North American Council on Adoptable Children

Phoenix

602-771-6407

<https://www.nacac.org/help/adoption-assistance/adoption-assistance-us/state-programs/arizona-adoption-assistance-program/>

AFTER SCHOOL SERVICES

Apache Junction Unified School District-Daycare, Preschool, Before and After School Care Programs

Apache Junction

480-982-1110 Ext. 2001

<https://www.ajusd.org/domain/44>

Chandler School District-Kids Express Before and After School Hours

Chandler

480-224-3900

<https://www.cusd80.com/Page/87257>

Gilbert School District—Very Important Kids (VIK) Program Before and After School Hours

Gilbert

480-892-9089 Ext. 100

<https://www.gilbertschools.net/domain/70>

Glendale Elementary School District—Extended Day

Glendale

623-237-7144

<https://portals.gesd40.org/domain/101>

Higley Public Schools Kids Club-Before and After School Hours

Higley/Gilbert

480-279-7055

<https://www.husd.org/Page/42892>

AFTER SCHOOL SERVICES CONTINUED

Kyrene Elementary School District-Kids Club Before and After School Hours

Tempe

480-541-1000

<https://www.kyrene.org/kidsclub>

Mesa Public Schools-Xplore Before & Afternoon Hours

Mesa

480-472-7250

<http://www.mpsaz.org/xplore>

Queen Creek Unified Public Schools—Discovery Kids

Queen Creek

480-987-5935

https://www.qcusd.org/Community_Education

Tempe Elementary School District-City of Tempe Kid Zone or Boys and Girls Clubs

Tempe

480-730-7100

<https://www.tempeschools.org/for-parents/before-and-afterschool-care>

CHILD CARE SERVICES

Arizona Child Care Resource & Referral

Valley Wide

1-800-308-9000

<https://www.azccrr.com/>

Arizona Department of Economic Security-Child Care Services

Phoenix

602-771-0730

<https://azdes-community.secure.force.com/EOL/>

Boys & Girls Clubs of the Metro Phoenix

Valley Wide

602-954-8182

<https://bgcmp.org/clubs-locations/program-services-center/>

Childcare Center-Website that Lists all Child Care Providers Various

Maricopa County

https://childcarecenter.us/county/maricopa_az

Valley of the Sun YMCA-Child Care Programs and Child Watch

Various Locations

602-404-9622

<https://valleyymca.org/programs-activities/family-groups/parents-night-child-care/>

DOMESTIC VIOLENCE

Against Abuse/La Casa & Tres Casitas

Casa Grande
520-836-0858
<http://www.against-abuse.org/>

A New Leaf-Autumn House

Mesa
480-835-5555
<https://www.turnanewleaf.org>

A New Leaf-Faith House

Glendale
623-939-6031
<https://www.turnanewleaf.org/>

Catholic Charities-My Sisters Place

Chandler
480-821-1024
<https://www.catholiccharitiesaz.org/phoenix/domestic-violence>

Child Crisis Center (Children Only)

East Valley
480-969-2308
<https://childcrisisaz.org/>

Chrysalis - North Phoenix

Phoenix
602-944-4999
<https://noabuse.org/>

Crisis Nursery Emergency Shelter (Children)

Arizona
602-273-7363 or 602-273-7364
<https://childcrisisaz.org/what-we-do/emergency-shelter/>

DeColores (Chicanos Por La Causa)

North Phoenix
602-269-1515
<https://www.cplc.org/hhs/dv.php>

DOVES (Domestic Older Victim and Empowerment)

Glendale
602-264-4357
<https://www.aaaphx.org/program-services/doves-program/>

New Life Shelter

Litchfield Park
623-935-9161
<https://www.newlifectr.org/>

Salvation Army's Elim House

Phoenix
602-267-4111
https://elimhouse.salvationarmy.org/elim_house_shelter/

Sojourner Center-Women's Shelter

Central Phoenix
602-244-0089
<https://www.sojournercenter.org/>

DOMESTIC VIOLENCE

Crisis Intervention, Information, and Hotlines

Arizona Child & Family Advocacy

AZ Resources
1-888-767-2445
<http://acfan.net/>

Adult Protective Services

AZ Resources
1-877-767-2385
<https://des.az.gov/services/basic-needs/adult-protective-services>

AZ Coalition to End Sexual & Domestic Violence

Phoenix
602-279-2937
<http://www.acesdv.org/>

AZ Department of Child Safety

AZ Resource
1-877-767-2445
<https://dcs.az.gov/>

Hope Community Services

Peoria
623-848-8863
<https://hcs-az.org/>

Hope Women's Center

Apache Junction
480-983-4673
<https://hopewomenscenter.org/>

Maricopa County Domestic Violence Line

Phoenix
480-890-3039
<https://www.maricopa.gov/762/Community-Services>

Mesa Family Violence Unit

Mesa
(480) 644-4675
<http://www.mesaaz.gov>

National Domestic Violence Hotline

National Hotline
1-800-799-7233
<https://www.thehotline.org/>

EATING DISORDERS

A New Beginning

Scottsdale
480-941-4247
<https://anewbeginning.com/>

Healthy Futures

Scottsdale
480-451-8500
<http://healthyfuturesaz.com/>

EATING DISORDERS CONTINUED

Meadows Ranch

Wickenburg

1-866-332-2919

<https://www.meadowsranch.com/about-us/tour-the-meadows-ranch/>

National Eating Disorders Association Hotline

Nationwide

1-800-931-2237

<https://www.nationaleatingdisorders.org/help-support/contact-helpline>

Rosewood Centers for Eating Disorders

Tempe

1-855-337-2770

<https://www.rosewoodranch.com/>

EDUCATION

Arizona Department of Education

Phoenix

602-542-5393

<https://www.azed.gov/>

Arizona School Districts/AZ Department of Education

Statewide

<https://www.azed.gov/districtwebsites/>

College Bound AZ

Mesa

602-550-3161

<https://www.collegeboundaz.org/>

College Financial Aid

Nationwide

1-800-433-3243

<https://studentaid.ed.gov/sa/fafsa>

Department of Developmental Disabilities/DES (Services for Kids & Adults)

Statewide

602-542-0419

<https://des.az.gov/services/disabilities/developmental-disabilities>

First Things First (Reading Literacy Children)

Statewide

602-771-5100

<https://www.firstthingsfirst.org/>

Kids Need to Read

Mesa

480-256-0115

http://www.kidsneedtoread.org/our_mission.html

GED Course Locations/AZ Department of Ed

Phoenix

602-258-2410

<https://www.azed.gov/adultedservices/>

EDUCATION CONTINUED

Public Libraries in AZ

All Cities in AZ

<https://publiclibraries.com/state/arizona/>

Special Education Services/AZ Department of Education

Phoenix

602-542-4013

<https://www.azed.gov/specialeducation/>

Southwest Human Development (Early Childhood)

Phoenix

602-266-5976

<https://www.swhd.org/about-us/>

EMPLOYMENT

Arizona at Work-Innovative Workforce Solutions Centers for Adults and Youth

East Valley

602-372-9700

West Valley

602-372-4200

<https://arizonaatwork.com/>

Department of Economic Security- Job Seekers

Statewide

602-542-3957

<https://des.az.gov/services/employment/job-seekers>

Goodwill Career Center-Resources and Help for those Seeking Employment

Maricopa County

602-535-4444

<https://www.goodwillaz.org/employment-services/>

Maricopa County Career Services

East Valley

602-372-9700

West Valley

602-372-4200

<https://www.maricopa.gov/5226/Find-A-Job-Through-Our-Career-Services>

Paz De Cristo- Getting Documents for Employment

Mesa

480-464-2370

<https://pazdecristo.org/contact/>

St. Joseph the Worker-Employment Support for the Valley's Most Vulnerable Job Seekers

Maricopa County

602-417-9854

<https://www.sjwjobs.org/services/our-services/>

EX-OFFENDER RESOURCES

Arizona Women's Education and Employment-Job Coaching and Job Placement

Mesa
602-601-7215
<http://www.turnanewleaf.org/services/awee>

Boss Ex-offender Services - Job Placement for Ex-offenders

Phoenix & Buckeye
623-386-6365
<http://www.bosssite.org>

Central Arizona Shelter Services (CASS)-Men, Women, Emergency Shelter

Phoenix
602-256-6945
<https://www.cassaz.org/>

Catholic Charities Community Services - Re-entry for Ex-Offenders

Phoenix
1-855-316-2229
<https://www.catholiccharitiesaz.org/>

Hope's Crossing, Inc.- Re-entry Services for Women

Phoenix
602-795-8098
<http://www.hopescrossing.org>

Jobs for Felons—Job Lists/Housing/Legal Information

Phoenix
<https://www.jobsforfelonshub.com/locations/jobs-for-felons-in-phoenix-arizona/>

Society of St. Vincent DePaul - Recently Released and Families

Phoenix
602-261-6883
<http://www.stvincentdepaul.net/programs/ministry-to-the-recently-released>

Traditions Transitional Living - Support Community for Ex-offenders

Phoenix
602-535-5958
<http://www.traditionsrecovery.com/contact-us.html>

Voting and Civil Rights Restoration for Former Felons ACLU-AZ (Middle Ground Prison Reform)

Phoenix
480-966-8116
https://www.aclu.org/files/pdfs/votingrights/az_kyr.pdf

FOOD ASSISTANCE - Food Boxes

AZCEND

Chandler
480-963-1423
<https://azcend.org/contact-us/>

Calvary Chapel Queen Creek Food Bank

Queen Creek
480-988-2984
<http://calvaryqueencreek.org/food-bank/>

Desert Manna Food Pantry /Calvary Free Lutheran Church

East Mesa
480-981-3993
<http://desertmannafoodpantry.org/>

F.O.R. Maricopa

Maricopa
520-251-0226
<http://formaricopa.org/need-food/>

Generation Church Food Bank

Ahwatukee
480-893-6189
<https://generation.church/>

Hope for Hunger Food Bank/Phoenix Rescue Mission

Glendale
602-773-4344
<https://phoenixrescuemission.org/contact/>

Matthews Crossing

Chandler
480-857-2296
<https://www.matthewscrossing.org/>

Open Arms Care Center

Gilbert
480-539-0175
<https://www.openarmscc.com/get-help>

Paz De Cristo

Mesa
480-464-2370
<https://pazdecristo.org/what-we-do/feeds/>

Re: Store Food Pantry

Queen Creek
480-242-4154
<http://amadeochurch.com/ministries/re-store-food-pantry-2>

Salvation Army

Mesa
480-833-8322
<http://mesa.salvationarmy.org/>

FOOD ASSISTANCE - Food Boxes CONTINUED

St. Mary's Food Bank Alliance

Phoenix & Surprise

602-242-3663

<https://www.firstfoodbank.org/contact/>

Tempe Action Food Pantry

Tempe

480-422-8922

<https://tempeaction.org/what-we-do/hunger-relief/food-pantry.html>

FOOD ASSISTANCE - Free Meals

Andre House Dinner Service

Phoenix

602-255-0580

<https://andrehouse.org/contact-us/>

ARIS Foundation Dinner Service at Jaycee Park

Tempe

602-935-9291

<http://www.arisfoundation.com>

Genesis Project

Apache Junction

480-255-7757

<http://www.genesisprojectaz.com/>

Paz De Cristo Daily Dinner Service

Mesa

480-464-2370

<https://pazdecristo.org/what-we-do/feeds/>

Salvation Army

Glendale

623-934-0469

<http://glendale-az.salvationarmy.org/glendale-az>

St. Vincent De Paul-Mesa Dining Hall Lunch Only

Mesa

602-625-5460

<https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room>

St. Vincent De Paul-Sunny Slope Dining Room Lunch & Dinner

Phoenix

602-339-7611

<https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/sunnyslope-dining-room>

St. Vincent De Paul-Phoenix Lunch & Dinner

Phoenix

480-307-2752

<https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/human-services-campus-dining-room>

FOOD ASSISTANCE - Free Meals CONTINUED

St. Vincent De Paul-El Mirage Dining Room Breakfast Only

El Mirage

602-266-4673

<https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/el-mirage-dining-room>

Tempe Action Senior Center Congregate Meals

Tempe

480-422-8922

<https://tempeaction.org/what-we-do/senior-independence/senior-meal-programs.html>

FOSTER CARE - Services

AZ 127-Local Church Training Services that Provide Care to Foster Families

Mesa

480-464-3948

<http://az127.org/>

Child Crisis Center-Offering Support for Children's Relatives who Foster

Mesa

480-834-9424

<https://childcrisisaz.org/what-we-do/adoption-foster-care/>

Christian Family Care-Foster Care Agency

Phoenix

602-234-1935

<https://cfcare.org/foster-care/>

Helen's Hope Chest - Provides Clothing, Toys, and School Supplies for Foster Families

Mesa

480-969-5411

<http://www.mesaunitedway.org/helenshope>

Sunshine Acres Children's Home

Mesa

480-832-2540

<http://www.sunshineacres.org/>

GLBT SERVICES

Focus on the Family-Gender Issues, Sexuality Resources for Compassionate Christian Responses

Nationwide

1-800-232-6459

<https://www.focusonthefamily.com/get-help/leaving-homosexuality/>

GLBT National Help Center-National Hotline (Respect, Resources, and Support for GLBT Community)

Nationwide

1-888-843-4564

<https://www.glbthotline.org/about.html>

GLBT SERVICES CONTINUED

GLBT National Help Center for Suicide Prevention
Nationwide
1800-273-8255
<https://www.sprc.org/resources-programs/glbt-national-help-center>

The Trevor Project (Non-judgmental Hotline) Assistance with Mental Health Crisis/Suicidal Thoughts
Nationwide
1-866-488-7386 or Text Trevor to 1-202-304-1200
<https://ostem.org/page/crisis-hotlines>

GRIEF SUPPORT GROUPS

Grief Share - Find Healing After the Death of a Loved One
Nationwide Groups
1-800-395-5755
<https://www.griefshare.org/>

Hospice of the Valley - Grief Resources for Adults and Teens
Maricopa County
602-530-6900
<https://www.hov.org/resources/grief-resources/>

MISS Foundation - Support Group for Grief Recovery after the Death of a Child
Nationwide
1-888-455-6477
<https://missfoundation.org/about>

New Song Center for Grieving Children - Hospice of the Valley
Maricopa County
602-530-6900
<https://www.hov.org/our-care/grief-support/new-song-center-for-grieving-children/>

Stepping Stones of Hope - Camps and Resources for Children and Teens who are Grieving after the Death of a Loved One
Phoenix
602-264-7521
<http://www.steppingstonesofhope.org>

HEALTH RESOURCES - Dental Care

AT Still University Dental Clinic
Mesa
480-248-8100
https://www.atsudental.com/dental_services/

Arizona Dental Foundation Special Events
Scottsdale/Statewide
480-344-5777
<http://azdentalfoundation.org/>

HEALTH RESOURCES - Dental Care CONTINUED

Brighter Way Institute -Children, Foster Children, Homeless, Veteran's Services
Phoenix
602-483-4917
<https://www.brighterwaydental.org/>

Carrington College-Mesa Dental Hygiene Clinic (Free Cleanings)
Mesa
480-717-3510
<https://carrington.edu/mesa-dental-hygiene/>

Midwestern Dental Institute
Glendale
623-537-6000
<https://www.mwuclinics.com/arizona/services/dental>

HEALTH RESOURCES - MEDICAL HEALTH CARE

AZ Healthcare Cost Containment System (AHCCCS)
Statewide
602-417-7100
<https://www.azahcccs.gov/>

AHCCCS-- Kids Care
Phoenix
1-855-423-7587
<https://www.azahcccs.gov/Members/GetCovered/Categories/KidsCare.html>

Adelante Healthcare
9 Valley Wide Locations
1-877-809-5092

Banner Baywood Medical Center
6644 E. Baywood Ave, Mesa 85206, East Mesa
480-321-2000

Banner Desert Medical Center
1400 S. Dobson Road, Mesa 85202, West Mesa
480-412-3000

Banner Gateway Medical Center
1900 N. Higley Road, Gilbert AZ
480-543-2000

Banner Ironwood Medical Center
37000 N. Gantzel Road, Queen Creek 85140
480-394-4000

Banner Thunderbird Medical Center
5555 W. Thunderbird Road, Glendale, North West Phoenix
602-865-5555

Cardon's Children's Medical Center
1400 S. Dobson Rd. Mesa 85202, West Mesa
480-412-5437

HEALTH RESOURCES - MEDICAL HEALTH CARE CONTINUED

Chandler Regional Medical Center

1955 W. Frye Road, Chandler 85224
480-728-3000

Circle the City Mobile Outreach Services for the Homeless

Phoenix
602-776-0776

Circle the City Homeless Respite Care

Phoenix
602-776-9000

Desert Mission Health Center/Noah

Sliding Scale Available Valley Wide
480-882-4545

Maricopa County Community Health

Phoenix
602-506-3011

Mission of Mercy—Free Healthcare

Statewide Clinics
602-861-2233

Native American Community Health Center

Phoenix
602-279-5262

Phoenix Children's Hospital

1919 East Thomas Road Phoenix, 85016
602-933-1000

St. Joseph's Hospital and Medical Center

350 W. Thomas Rd. Phoenix, 85013
602-406-3000

Tempe St. Luke's Hospital

1500 S. Mill Ave. Tempe, 85281
480-784-5500

The Neighborhood Christian Clinic— Healthcare for the Underinsured

Phoenix
602-258-6008

Terros Health and Wellness

Phoenix
602-685-6000

HEALTH RESOURCES - Mental/Behavioral Health Care

Aurora Behavioral Health- (Adults & Adolescent Inpatient & Outpatient)

Glendale & Phoenix
1-877-807-7012

HEALTH RESOURCES - Mental/Behavioral Health Care CONTINUED

AZ Teen Solutions for Suicide Hotline and Text Messaging 24/7 (Parents & Teens)

Statewide
623-879-9600

Banner Behavioral Health Hospital (Inpatient Psychiatric and Substance abuse) Adults and Minors

Scottsdale
480-448-7500

Community Bridges, Inc. (Addiction Treatment & Behavioral Health)

East Valley
24/7 Hotline 1-877-931-9142

Connections Psychiatric Crisis Centers-Substance Abuse and Mental Health Treatment

Maricopa County
602-416-7600

Crisis Response Network, Inc. (24/7) - Mobile Teams SMI Determinations

Statewide
602-222-9444 or 1-800-631-1314

EMPACT (24/7 Suicide and Other Mental Health Crisis Hotline)

Statewide
480-748-1500

Family Service Agency

Mesa and Phoenix
602-264-9891

Florence Crittenton-Girls, Teen Girls, Behavioral Health Group Homes and Programming

Phoenix
602-274-7318

MARC Community Resources - Behavioral & Mental Health Programs

Mesa
480-969-3800

Mercy Care (Non-profit Health Plan for SMI, Substance Abuse, & Low income)

Statewide
602-263-3000 or 1-800-564-5465

National Alliance on Mental Illness (NAMI) Advocacy & Resources

Nationwide
602-244-8166 or 1-800-950-6264

National Suicide Prevention Lifeline

Nationwide
1-800-273-8255

HEALTH RESOURCES - Mental/Behavioral Health Care CONTINUED

Oasis Behavioral Health – Psychiatric and Residential Treatment Center

Chandler
1-844-291-8705

Phoenix Children’s Hospital Mental Health Department

Phoenix
602-933-5437

Quail Run Behavioral Health- Ages 13 and Up

Phoenix
602-455-5700
1-844-772-7771

Redemption Psychiatry—Care for Children, Adolescents, and Adults

East Valley
480-471-8560

RI International Recovery Response Center and Crisis Respite – Involuntary and Voluntary Psychiatric Evaluations

Peoria
602-650-1212
1-866-481-5361

San Tan Behavioral Health-Sliding Scale Payment Option for Children, Teens, Young Adults

Gilbert
480-507-3644

St. Luke’s Behavioral Health Center- Inpatient and Outpatient Services

Phoenix and Various Outpatient Clinics
602-251-8535

Terros Health—Counseling and Mental Health Services

Valley Wide
602-685-6000

Valleywise Behavioral Health Center-Mesa (Inpatient and Outpatient Services)

Mesa and Phoenix
1-833-855-9973

HEALTH RESOURCES - Substance Abuse Treatment

Alcoholics Anonymous-12 Step Program

Nationwide
1-212-870-3400

Alcoholics Anonymous-Arizona 12- Step Program

Statewide Meetings
602-264-1341

HEALTH RESOURCES - Substance Abuse Treatment CONTINUED

AI Anon-Meetings for Friends and Families of Alcoholics

Arizona
602-249-1257 or 480-969-6144

Bridge to Recovery-Community Bridges Detox Center

Mesa
1-877-931-9142

Calvary Healing Center-Residential and Outpatient Addiction Treatment

Valley Wide Locations
480-359-2224

Celebrate Recovery – Christian 12- Step Program for Hurts, Habits, & Hang-ups

Statewide Local Meetings
602-325-4702

Center for Hope—Community Bridges Transitional Housing

Mesa
480-461-1711

East Valley Intergroup of Alcoholics Anonymous

Mesa
480-827-1905

Hope for Addiction-Weekly Meetings, Mentorship, and Transition Support

Gilbert
480-782-0403

Narcotics Anonymous AZ Region

Statewide
602-325-4702

Parents of Addicted Loved Ones (PAL)-Parents and Spouses of Addicts

Statewide
480-300-4712

Salvation Army Adult Rehabilitation Programs (long-term residential programs)

Phoenix
602-256-4500

Teen Challenge - Residential Recovery Programs for Adults and Teens

Statewide
1-800-346-7859

Transitional Living Communities

Mesa
480-833-0143

Valley Hope-Residential and Outpatient Addiction Treatment

Chandler
1-800-544-5101

HELP LINES

Arizona 2-1-1 Community Information and Referral -24/7 Information Line

Peoria Offices/Statewide Services
Dial 2-1-1

Arizona Teen Crisis Solutions-Teen Suicide Prevention

Statewide
1-800-784-2433

Banner Poison and Drug Information Center

Maricopa County
1-800-222-1222

Boys Town National Crisis Hotline

Nationwide
1-800-448-3000

Child Care Resource & Referral-AZ Childcare Needs

Statewide
1-800-308-9000

Crisis Response Network-For any Mental Health Crisis

Nationwide
1-800-631-1314

Child Abuse Hotline

Nationwide
1-800-422-4453

Child Abuse Hotline-AZ

Statewide
1-888-767-2445

Crisis Nursery-Crisis Shelter for ages 0-12

Statewide
602-273-7364

Department of Economic Security-Variou Programs for Assistance

Phoenix
602-542-9935

Department of Child Safety (DCS)-Report Child Abuse

Statewide
1-888-767-2445

Domestic Violence Hotline

Nationwide
1-800-799-7233

EMPACT (24/7 Suicide and Other Mental Health Crisis Hotline)

Statewide
480-748-1500

Homeowners HOPE Hotline-Fee Confidential Information on Foreclosure Prevention

Nationwide
1-888-995-4673

HELP LINES CONTINUED

Housing Resources-Arizona Department of Housing-Affordable Housing

Phoenix
602-771-1000

Jason Foundation-Resources and Information on Teen Suicide

Nationwide
1-615-264-2323

Legal Advice - Legal Help Live Chat

Arizona
<https://www.azcourthelp.org/live-chat>

National Council for Behavioral Health-Local Behavioral Health Services

Nationwide
1-202-684-7457

National Alliance on Mental Illness (NAMI)

Nationwide
1-800-950-6264

National Runaway Safeline-24/7 Hotline

Nationwide
1-800-621-4000

Rape, Abuse, & Incest National Network & Sexual Assault

Nationwide
1-800-656-4673

SAMHSA-Helpline for Substance & Mental Health Treatment facilities

Nationwide
1-800-662-4357

Senior Citizens/Adult Protective Services

Arizona
1-877-767-2385

Smokers Helpline-AZ Free Support to Quit Smoking

Nationwide
1-800-556-6222

Teen Lifeline-Teen to Teen Support

Nationwide
1-800-248-8336

The Parent Assistance Center (PAC)

Phoenix
602-288-0155

Veteran Affairs

Nationwide
1-877-424-3838

Veteran's Crisis Line

Nationwide
1-800-273-8255 press 1 or text 838255

HOMELESS RESOURCES

Andre House—For Men; Must be Seeking Employment and be Free from Substance Abuse

Phoenix
602-252-9023

A New Leaf East Valley Men's Homeless Shelter - Emergency Shelter

Mesa
480-610-6722

Central AZ Shelter Services (CASS)- Men, Women, and Families are Welcome(hot meals, shelter, and food pantry available)

Phoenix
(602) 256-6945

Changing Lives Center-(Phoenix Rescue Mission) Faith-based recovery program for Women & Children

Phoenix
602-688-6219

Church on the Street- Life Recovery Program for Men and Women over the age of 18

Phoenix
602-257-8918

Circle the City Homeless Respite Care-Services for Homeless People with Medical Needs

Phoenix
602-776-9000

Family Promise of Greater Phoenix-Must be at least one parent and child with the desire & ability to work

Scottsdale
480-659-5227

Homebase-Safe Emergency Housing for Teens and Young Adults ages 18-24

Phoenix
602-254-3247

Homeward Bound—Provides the opportunity to get out of poverty for families/70 2-bedroom apartments/case management

Phoenix
602.263.7654

Housing Authority of Maricopa County—Improving Quality of Life through Affordable Housing

Maricopa County
602-744-4500

House of Refuge-Transitional and supportive services for families experiencing homelessness; Families must be processed through the Housing Hub

Mesa
Housing Hub: 602-595- 8700
Crisis Hotline: 1-800-631-1314

HOMELESS RESOURCES CONTINUED

House of Refuge Sunnyslope- Men, Women, Single Mom's with Children

Phoenix
602-678-0223

Interfaith Homeless Emergency Lodging Program (IHELP)- Emergency Shelter Services for Men and Women; Check-in at Care 1st Avondale Resource Center

Avondale
623-333-2703

Interfaith Homeless Emergency Lodging Program (IHELP)- Emergency Shelter Services for Women; Check-in at Paz De Cristo

Mesa
480-684-0645

Interfaith Homeless Emergency Lodging Program (IHELP)- Emergency Shelter Services for Men and Women; Call first for bed availability

Tempe
480-422-8922 ext. 5000

La Mesita Emergency Family Housing (Processed through the Housing Hub)

Mesa
602-595-8700

Phoenix Dream Center—Men, Women, Foster Transition, and Recovery from Trafficking

Phoenix
602-346-8700

Saguaro Ki Transitional Housing- Transitional Housing for Young Adults 18-24-Must have Income

Phoenix
602-263-5531

St. Vincent De Paul Diocese-The Diocesan Council-Ozanam Manor; for those who are 50 or older

Phoenix
602-850-6900

Save the Family-Transitional or Rapid Rehousing (Processed through the Housing Hub)

Mesa
Housing Hub: 602-595- 8700
Crisis Hotline 1-800- 631-1314

St. Vincent DePaul-Travel Assistance to Nonresidents who are in Crisis so they Receive Help to Return Home

Phoenix
602-261-6852

Transforming Lives Center— (Phoenix Rescue Mission) Faith-based recovery program for men

Phoenix
602- 346-3384

HOMELESS RESOURCES CONTINUED

UMOM New Day Center/Emergency Shelters— Families with dependent Children

Phoenix

Call the Housing Hub for availability; 602-595-8700

Veteran's Affairs Supportive Housing –State of AZ

Phoenix

1-877-424-3838

Vista Colina-Family Emergency Shelter Apartments May stay up to 90 days (Central AZ Shelter Services)

Phoenix

Direct line 602-944-0960; Housing Hub 602-595-8700

IMMIGRATION SERVICES

U.S. Citizenship and Immigration Services (USCIS)- AZ Field Office Resources for getting US Citizenship

Phoenix

1-800-375-5283

Catholic Charities Community Services-Variou Services Involving Immigration

Phoenix

602-285-1999

Chicanos Por La Causa Family Immigration Services-Variou forms of legal assistance

Phoenix, Somerton

602-257-0700

Friendly House-Free Immigration Consultations

Phoenix, Glendale

602-257-1870

Certified Legal Document Preparer Program-List of Certified Document Preparers in Arizona

Arizona

<https://www.azcourts.gov/Portals/26/LDP/Directory/Directory%202019/LDPDirectory%202-15-2019.pdf?ver=2019-02-20-133911-297>

Community Legal Services

Arizona

1-800-852-9075

Federal Public Defender's-District of Arizona- Ensure Rights guaranteed by the 6th Amendment of the Constitution

Phoenix

928-213-1942

Family Legal Services Program- Volunteer Family Lawyers are Available by Appointment Only

Phoenix

602-506-7948

Maricopa County Bar-Help with Legal Resources

Maricopa County

602-257-4434

LOW COST HOUSING

Affordable Rent Movement (ARM)— Save the Family; Assistance with Getting into an Affordable Unit

Mesa

480-898-0228 Ext. 401

Arizona Temporary Assistance for Needy Families (TANF) –Cash Assistance Program

Arizona

602-542-9935; 1-800-352-8401

ARM Resource List of Affordable Housing in Mesa, Phoenix, and Tempe

Mesa

480-898-0228

Arizona Department of Housing- Section 8, Eviction Prevention, Fair Housing, Foreclosure Assistance

Phoenix

602-771-1000

City of Glendale-Housing Rehabilitation Programs

Glendale

623-930-3670

Family Services Centers-Emergency Rental and Utility Assistance; Appointments Needed

Phoenix

602-534-2433

Gilbert Cares-Refurbishing Homes for Low Income Families

Gilbert

480-857-8581

Gilbert Community Action Program (CAP)- Emergency Rental Assistance

Gilbert

480-892-5331

Glendale Community Action Program (CAP)-Rental Assistance to Prevent Homelessness

Glendale

623-930-2854

Habitat for Humanity-Application to become an Owner of a Habitat Home

Nationwide

1-800-422-4828

Helping Hands Home Repairs- Vineyard North Phoenix (Single Mothers, over 60's; and Veteran's)

Phoenix

623-934-4000

Mesa Community Action Network (Mesa CAN)- Emergency Financial Assistance

Mesa

480-969-4024

LOW COST HOUSING CONTINUED

A New Leaf/Mesa Can-Utility/Rent Payment Assistance

Mesa
480-833-9200

Rebuilding Together Valley of the Sun-Repairing Homes

Tempe
480-774-0237

Repair My Home-City of Mesa Homeowner Rehab Program

Mesa
480-644-3536

Town of Gilbert Emergency & Minor Home Repair Program

Gilbert
480-503-6000

MILITARY INSTALLATIONS

Camp Navajo Army Base

Flagstaff
928-773-3124

Davis- Monthan Air Force Base

Tucson
520-228-1110

Fort Huachuca

Cochise
520-533-2330

Luke Air Force Base

Glendale
623-856-7411

Marine Corps Air Station Yuma (MCAS)

Yuma
928-269-2252

US Army Yuma Proving Ground

Yuma
928-328-6533

PARENT RESOURCES

Arizona's Children Association- Resources for creating a healthy family environment

Phoenix
1-800-944-7611

Arizona Brainfood- Provides Hungry Students with a Backpack of Food for the Weekends

Mesa
480-415-0066

Arizona Child Support Services

Statewide
1-800-882-4151 or 602-252-4045

PARENT RESOURCES CONTINUED

Big Brothers Big Sisters of Central Arizona

Valleywide
602-264-9254

Black Family and Child Services of Arizona (BFCS)- Various Resources for Families

Phoenix
602-243-1773

Child and Family Resources-Serving Children, Youth, and Families

Statewide
602-234-3941

Childcare Resources and Referrals

Statewide
1-800-308-9000

Head Start Association-Early Childhood Education Services for Eligible Families

Nationwide
1-866-763-6481

Native American Fathers and Families Association

Mesa
480-833-5007

Parenting Arizona- Chicanos Por La Causa

Statewide
602-248-0428

Southwest Human Development

Statewide
602-266-5976

PREGNANCY RESOURCES

Hope Women's Center-Free Pregnancy Tests, Support, Parenting Resources, Women's Advocacy

Various Locations
602-715-0999

Maggie's Place-Housing and Support for Pregnant Women

Various Locations
602-262-5555

Pregnancy Care Center-Post Abortive Recovery Group, Free Pregnancy Tests, Parenting Classes, Supportive Care

Gilbert, Chandler, Mesa
480-374-2994

SENIOR RESOURCES

AARP-Arizona-Advocacy Organization for Seniors

Statewide
1-866-389-5649

SENIOR RESOURCES CONTINUED

About Care-Empowering Independent Living/Free Weekly Care Services

Chandler & Gilbert
480-802-2331

Age Work-Center Job Board for Seniors

Nationwide
1-888-575-9675

Alzheimer's Association Arizona

Arizona
1-800-272-3900

Area Agency on Aging-Resources for Seniors (Includes Senior Center Locations around Arizona)

Statewide Locations
1-888-783-7500 or 602-230-9132

Arizona Long Term Care System (ALTCS)-Arizona's Medicaid Eligible Aged, Blind, Disabled, or Developmentally Disabled

Statewide
1-888-621-6880

Assistance for Independent Living-Services to Help Keep Seniors in their Home.

Mesa
480-966-9704

Care Patrol-Resources for Safer Senior Living Senior Placement Organization

Nationwide
1-866-560-5656

Chandler Senior Center

Chandler
480-782-2720

East Valley Adult Resources-Social Service Programs for Senior Adults

Central Mesa & East Mesa
480-964-9014

Foundation for Senior Living

Phoenix
602-285-1800

Gilbert Senior Center

Gilbert
480-503-6061

Glendale Adult Center

Glendale
623-930-4321

Lutheran Social Services of the Southwest-Aging & Disability Services

Phoenix
480-396-3795

SENIOR RESOURCES CONTINUED

Meals on Wheels-Local Senior Support Home Delivery Service

Nationwide Call for Nearest Location
1-888-998-6325

Oakwood Creative Care-Red Mountain-Adult Day Care

East Mesa
480-641-7644

Oakwood Creative Care-Town Center-Adult Day Care

Central Mesa
480-464-1061

Queen Creek Senior Program

Queen Creek
480-358-3700

Senior Help Line-24 Hour Resources from the Area Agency on Aging

Phoenix
602-264-4357

Social Security-Information on Retirement

Nationwide
1-800-772-1213

Tempe Senior Programs and Activities

Tempe
480-350-4311

SENIORS TRANSPORTATION

About Care-Weekly Rides to Run Errands or Dr. Appointments

Chandler & Gilbert
480-802-2331

Dial-a-Ride Services-Curb-to Curb or Door-to-Door Services for Senior's 65 and Older

Valley Wide
602-716-2100

East Valley Ride Choice-For Seniors 65 and Older-Must Complete Application and be Approved

Valley Wide
602-716-2111

Neighbors who Care-Transportation and Errands to Support Seniors Living at Home

Sun Lakes and South Chandler
480-895-7133

Quality Transport Services-Provides Transportation Services for those in Wheel Chairs or Stretchers (Call for Rates)

Arizona
602-371-1000

Valley Metro Bus Services
Valley Wide
602-370-1000

SPECIAL EDUCATION

Ability 360-Advocacy for Individuals with Disabilities

Locations State Wide

602-256-2245

Arizona Center for the Blind & Visually Impaired

Phoenix

602-273-7411

Arizona Commission for the Deaf & Hard of Hearing- Information and Services for those who are Deaf

Arizona

602-542-3323 or 1-800-352-8161 TTY

Arizona Governor's Council on Spinal & Head Injuries

Arizona

602-774-9148

Arizona Relay Service- Communication Assistance for Speech Impairment

Arizona

1-800-842-4681 or 1-800-367-8939 TTY

Autism Society of Greater Phoenix- Parent Resources and Advocacy

Phoenix

480-940-1093

Autism Speaks Arizona Chapter- Resources and Advocacy for Parents of Children on the Spectrum

Mesa

480-450-3920

Arizona Department of Economic Security-Services for the Deaf, Blind, and Visually Impaired

Phoenix

602-542-3323 or Video Phone 480-559-9441

Civitan Foundation- Programs and Services for Adults and Children with Developmental Delays

Phoenix

602-953-2944

Com Trans-Specialized Community Behavioral Health and Social Service Transportation

Various Locations

602-231-0102

Division of Developmental Disabilities for the State of Arizona

Phoenix

1-800-237-3007

Foundation for Blind Children in Arizona

Chandler and Phoenix

602-331-1470 or 602-678-5800

Marc Community Resources- Behavioral Health and Developmental Disabilities Services

Mesa

480-969-3800

SPECIAL EDUCATION CONTINUED

Smiles for Special Needs-Services for Individuals with Intellectual and Developmental Delays

Mesa & San Tan

480-361-1972

Social Security Administration- Disability Division

Nationwide

1-800-772-1213

Southwest Autism Research and Resource Center- Comprehensive Behavioral Supports for Families

Phoenix

602-340-8720

Valley Center of the Deaf-Provides Interpreting Services

Phoenix

602-267-1921

TEEN RESOURCES

Adolescent Substance Abuse Program (ASAP)- Outpatient Treatment Program

Glendale, Mesa, Phoenix

602-434-0249

AI Al-Anon/Alateen Family Groups- Help and Hope for Families and Friends of Alcoholics

Arizona

602-249-1257 or 480-969-6144

Arizona Teen Crisis Solutions-For Parents of Struggling and Troubled Teens 24-Hour Cell Phone

Arizona

623-897-9600

New Pathways for Youth-Mentoring for At-risk Teens

Phoenix

602-258-1012

Teen Addiction Anonymous-High School 12-Step Prevention Program

Phoenix/Glendale

623-581-0284 or 602-329-1588

Teen Challenge of Arizona-Christian Substance Abuse Treatment for Teens and Adults

Various Locations in Arizona

1-800-346-7859

Teen Lifeline-Prevention and Suicide Helpline for Teens with Depression

Statewide in Arizona

602-248-8336 or 1-800-248-8336

UTILITY ASSISTANCE

Arizona Community Action Association-List of Local Agencies that Provide Utility Assistance for Each of Arizona's Counties

Statewide
602-604-0640

Low Income Energy Conservation LIEC Program-(LIEC) Program through Mesa CAN; Additional Payment Assistance for Utilities is also Available

Mesa
480-833-9200

Lutheran Social Services of the Southwest-Financial Help for Families who Qualify for Assistance

Various Locations
480-654-4539

Salvation Army-Variou Emergency 1-Time Only Help with Utility Assistance

Phoenix
602-267-4127

Southwest Gas Special Programs and Assistance in Arizona-Short- term Bill Assistance Program

Arizona
1-877-8600-6020

Salt River Project (SRP) Offers a Variety of Assistance Options

Arizona
602-236-8888

VETERAN'S SERVICES

Arizona Disabled Veteran Foundation

Phoenix
602-448-3268

Hidden Heroes-Services and Programs for Military Veteran's Caregivers

Nationwide
1-202-249-7172

Mesa Veterans Resource Center-Comprehensive Resources

Mesa
480-969-8601

US Dept of Veterans Affairs-Mental Health Services

Nationwide
1-800-273-8255 Press 1

Veteran Affairs-Resource Lists and Services for Health Care, Disability, Education, and Records

Nationwide
1-877-424-3838

Veteran's Crisis Line-Confidential Support 24/7/365

Nationwide
1-800-273-8255 or Text 838255