



Prayer is oxygen for our soul...



Prayer isn't something we fit into our lives

BIG IDEA

it's how we stay connected to God and experience His power daily.



When you think about prayer, what comes to mind?

ICE BREAKER

What do you think of Kip Lines story - praying for rain, Give me 24 hrs...God, God send rain that they might believe..God sent a flood...baptized 80 people in the flood waters?



MAIN POINTS

Prayer is connection, not performance - Prayer is simply keeping company with God, it's relational, not about saying the "right" words.

Start with your Father - God isn't distant, He is a good and powerful Father who invites you to come to Him with confidence.

Align with His agenda - Prayer isn't about getting God to do what you want, it's about aligning your life with what He wants.

Trust Him with your needs - God knows what you need, pray for what helps you follow Him, not just what you want.

Remove relational barriers - Unforgiveness blocks your connection with God, this is bitterness. Freedom begins when you choose to forgive.

Remove spiritual barriers - Unconfessed sin creates distance, confession leads to forgiveness and restored closeness with God.



DISCUSS

1. Which part of the prayer framework (Father, Agenda, Needs, Forgiveness, Temptation) feels most natural to you? Which feels hardest?
2. How would your prayers change if you focused more on God's agenda than your own?
3. Is there someone you need to forgive to remove a barrier in your relationship with God?
4. What is one area of your life where you need to trust God with your needs right now?
5. What has been keeping you from a consistent prayer life?



NEXT STEP

This week, practice the prayer pattern Jesus taught:

- Start with your Father
 - Align with His agenda
 - Trust Him with your needs
 - Remove relational barriers
 - Remove spiritual barriers
- Set aside time each day and simply begin.

Simple starting point:

"Father, you are _____.

Father, help me _____.

Father, give me what I need to follow you today."



SCRIPTURE

- Luke 11:1-4
- Matthew 6:7
- James 4:3
- 1 John 1:9



NEXT WEEK
SNEAK PEAK

Join us next week as we welcome back Pastor Shan and continue the series **What's the Deal With...** and tackle another important question of faith.

Questions or Feedback? Email Groups@CentralAZ.com