



I AM _____ - The Way, the Truth & the Life



BIG IDEA

When your life is troubled Jesus won't just hand you a map. He'll become your path, embody truth and give you life.



ICE BREAKER

Share about a time when you felt like you were "on the inside" of something exclusive (a secret menu item, a locals-only place, a special event, etc.). What made that experience meaningful to you?



MAIN POINTS

- Jesus made His bold statement about being "the way, the truth, and the life" in the midst of the disciples' fear and confusion.
- The language Jesus used mirrored the Jewish marriage proposal tradition:
 - Offering the cup (of the new covenant)
 - Going to prepare a place in the Father's house
 - Promising to return for His bride
- Jesus doesn't just know the way or show the way—He IS the way.
- In a world where "truth" has become subjective, Jesus presents Himself as objective truth.
- There are three Greek words for life: bios (physical), psuchē (mind/emotions), and zōē (eternal). Only Jesus can offer zōē life



DISCUSS

1. How does Jesus' exclusive claim ("No one comes to the Father except through me") challenge or comfort you?
2. What situations in your life right now make your heart feel "troubled" (tarassō—agitated, rattled, thrown into chaos)? How might Jesus' words in John 14:1 speak to those situations?
3. How does seeing Jesus' words as a marriage proposal rather than just a theological statement impact your understanding of His relationship with you?
4. What do you think about the statement: "Jesus isn't saying, 'I know the way.' He's saying, 'I AM the way'"? How is this distinction meaningful?
5. In what area of your life do you need Jesus to be "the way" right now?
6. How have you seen the concept of "truth" become fuzzy in our culture? How does Jesus' claim to be THE truth address this?
7. What's the difference between following a set of beliefs versus following a Person who is truth?
8. Which type of "life" (bios, psuchē, or zōē) do you find yourself most focused on day-to-day? How might Jesus' offer of zōē life change your perspective?



NEXT STEP

What is one practical step you can take this week to more intentionally follow Jesus as your way, trust Him as your truth, and experience Him as your life?



SCRIPTURE

John 14:1 Do not let your hearts be troubled. You believe in God; believe also in me.

John 14:6 Jesus answered, "I am the way and the truth and the life. No one comes to the



NEXT WEEK
SNEAK PEAK

Join us next week and invite a friend as continue the I AM series exploring who Jesus is!

Questions or Feedback? Email Groups@CentralAZ.com