



CENTRAL
Weekend Recap - Discussion Guide
James: Living a Genuine Life - Week 13
November 3-6

Title: Prayers of Faith (James 5:13-20)

Big Idea: When in trouble... Pray. It's the least you can do and it's the most you can do.

Optional Ice Breaker: It's the holiday season! What are your plans for Thanksgiving/Christmas? Pastor Cal talked about a community outreach initiative Central does each year called Fill the Sleigh. How can you, your family and your group Love Beyond in someone's life this Holiday season?

Discuss:

1. In Acts we see the story of Peter being released from prison and the people who prayed for him were astonished. Have you had a time when you have prayed for something and was amazed by how God showed up?
2. Do you find it difficult to pray? Are there certain times you find it easier to pray? What can you learn from this?
3. How do you structure your prayer time? Share with the group rhythms that have helped your prayer life.
4. How have you reacted when you received a clear "No" to your prayer, or a prayer goes seemingly unanswered?
5. Is there a situation, or a person that you have given up on and stopped praying for because you have yet to see or hear a response? What would it take for you to start praying for this person or situation again?

For Students: How would you define prayer?

Challenge: Post a prayer on the prayer app and pray for others while there.

Scriptures:

- 1 Thessalonians 5:17 Don't stop praying.
- Matthew 6:7 When you pray, don't babble on and on as the Gentiles do. They think their prayers are answered merely by repeating their words again and again.
- James 5:16 Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.
- Philippians 4:6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

Prayer: If you are with a group, spend time lifting one another up in prayer.

Next Week-Sneak Peek: Next week we start a brand new series called *Selah* which means to stop, to rest and to reflect. Join us as we look at the wisdom of the Psalms and Proverbs!