

Freeway

Leader Overview

Welcome

As Christians, we sometimes fall captive to the deception that we have to be perfect, or at least appear so. In this 6-week series, we will break down the lies and barriers that keep us from living in the freedom God desires for us. Your group will begin to explore the areas of pain and heartache where God wants to bring healing and restoration!

Series Overview

Week 1: Introduction; Awareness

In week one, we suggest that you start off your group by watching the [Introduction](#). You may also watch [What is Freeway?](#) with your group before the introduction, but it is not necessary. We encourage you to take a moment after watching the introduction to check in with your group using the Leader Check-In section in the LG curriculum. After your group has taken a few moments to discuss, watch [Awareness](#) and spend the rest of the evening in group discussion using the LG curriculum.

Week 2: Discovery

This week is a great opportunity for personal inventory and assessment. What might we be avoiding or choosing to hide with distractions in our own lives?

Week 3: Ownership

Dialogue about the ways in which we deny ourselves value and fail to own the truth about who God says we are in Jesus Christ.

Week 4: Forgiveness

Explore the ways in which God desires to free us from anger, judgement and unforgiveness toward others and ourselves.

Week 5: Acceptance

Discover what it looks like to own what it means to be a follower of Christ – starting with the way you think of yourself, a child of God. Encourage your group to focus on a word or phrase that will act as a reminder of how God sees them for the following week.

Week 6: Freedom

Reflect as a group on the ways in which God has revealed what true freedom looks like. Take time to share about the experiences of those in your group over the past 6 weeks. Ask God to illuminate the cages that are now empty and express gratitude as he does.

Discipleship Insights

- This study may be challenging for some of your group members because it pushes back on today's culture of privacy and a need to appear "put together." Encourage your group to enter into vulnerability by setting the example yourself! This will set the tone for the next 6 weeks.
- Though we write our study guide materials so that they can be done without RightNow Media videos, **the Life Group team strongly recommends that you do watch every video in this series.** The videos are very well done, and contain expert speakers, testimonies, and presentations that will greatly enhance your group experience.
- Lastly, remind your group of the importance of one of our Marks of Ownership, Life is Better Together. Throughout this study, the importance of living in community and the value that God sees in community is highlighted. There is so much God can heal in our lives through safe, healthy fellowship and accountability with other believers.