

# Hope

## Session One



### Leader Check-in

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What comes to mind when you think of hope? What do you hope will happen to you in the next 10 years?

### Discover

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**Read John 10:11.** What thoughts come to mind when you view Jesus as a shepherd leading a flock of sheep?

**Read John 10:12-15.** How does this verse bring hope to humanity? What kind of hope do we have in other shepherds? Why is Jesus different?

**Read Psalms 23.** What stands out to you about this passage? Where can you find hope in this passage?

How do we typically use the word “hope” in today’s culture? What do we mean when we hope for something? What is different about the hope we find in Scripture?

### Fully Own

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How can you bring hope to a hopeless world this week? What are some ways for us to show others that they can find hope in Jesus, the Good Shepherd?

**Read John 10:16-18.** What truth can we take from this passage and apply to our lives?

Develop a theory for why the world seems so hopeless right now. In what ways are Christians succeeding at bringing hope to people? In what ways are Christians failing?

Think about how Jesus lived His life; what can we learn from His model to help bring hope back into our own lives?

### Challenge

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Find someone who needs hope this week. Get to know their name and start having conversations with them so that hope will begin to enter into their life again.

# Hope

## Session Two



### Leader Check-in

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Whom did you meet this week? What is their name? How did you bring hope to their life?

### Discover

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What “storms” have you faced in your life? What difficult situations have seemingly destroyed everything you worked so hard to build?

Where do you turn when life’s storms hit? What things of this world do you often use for shelter? How do you process loss?

**Read Psalm 46.** What does this Psalm have to say about shelter? Describe the kind of state the author must have been in when writing this Psalm.

What role can the Holy Spirit play in your life when you are going through a storm? Share any stories you might have of God’s Spirit carrying you through a storm.

### Fully Own

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What strategies do you have in place to help you deal with life’s struggles? Where is God in those strategies?

How do you typically respond to others who are going through struggles? How could you be a refuge to them during those difficult times?

**Read Ephesians 4:1-6.** What does this passage have to say about hope? How can we live in unity with others?

What are your thoughts on building equity in your faith like the video said? What relationships do you have in your life that can bring you hope during difficult times?

### Challenge

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Memorize Proverbs 3:5-6 and come back next week ready to recite it to the group.

# Hope

## Session Three



### Leader Check-in

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Recite Proverbs 3:5-6 to the group. How did this verse affect your life this week?

### Discover

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What comes to mind when you think of the word deliver? Explain a time in your life when you were set free from something that ensnared you.

**Read Psalm 91:3-6.** How does this passage encourage you? In what ways could the Lord deliver you?

Explain all the different ways that God delivers His people. How can a God, that is invisible, set us free in our physical world?

Develop a theory for why we are unable to set ourselves free from so many different vices. Why can't people just stop sinning?

### Fully Own

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How will you rely on God this week for deliverance? How could you be a deliverer for those around you that are seeking freedom?

What thoughts and habits would you like to change in yourself? How would you like your life to change?

**Read Romans 3:9-11.** After reading these verses, do you think we are good enough to deliver ourselves? What then can we turn to?

In your opinion, what is the long-term impact of our self-help culture?

### Challenge

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Look for people this week who need deliverance. Offer them some encouraging words or use that time to empathize with them in their trial. Pray that God would use you to deliver someone from the traps that are ensnaring them. Pray that God would send someone into your life to help deliver you from your own traps.



# Hope

## Session Four



### Leader Check-in

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Whom did you talk to this week? Whom did God send into your life to help deliver you? How did God work through you?

### Discover

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What other words come to mind when you think of hope? According to the video, what is the biblical definition of hope?

**Read Titus 2:11-14.** How does this verse give us hope? Describe how you feel when forced to wait for something good in your life.

Write out a definition for what it means to have hope in Jesus Christ. Come up with a theory for why it is hard for Christians to hope in the return of Jesus.

Describe your emotions when something you have hoped for becomes a reality. What hinders Christians from experiencing the same excitement when God works in our lives?

### Fully Own

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What is the difference between a hopeful attitude and hope with confident expectation? What is the root of disappointment?

**Read Acts 1:11 and Revelation 1:7-8.** How should these verses affect Christians today? What should these verses cause us to do, how should we respond?

How can you put into practice this week what you just learned from the video and the discussion?

Who else would benefit from what we learned today?

### Challenge

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Make a list of all the things you hope would come true. Begin to pray with God about the list. Ask Him to reveal what should be taking top priority in your life. Celebrate with someone else when God moves in your life and something you have hoped for becomes a reality.

# Hope

## Session Five



### Leader Check-in

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What did God reveal to you as you made your list of priorities?

### Discover

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**Read Romans 8:18.** What kind of suffering do you think Paul was going through? What kind of glory do you think Paul was excited about in the future?

**Read Acts 16:24-25.** What would you have done if you were in Paul and Silas's position? What would have caused them to respond in such a way as this?

What are some things of this world for which you would be willing to suffer? What things do you anticipate the most?

What parts of eternal life with Jesus excites you the most? What do you think heaven will be like? Why don't we eagerly anticipate the coming of the eternal Kingdom of God?

### Fully Own

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How can you own the hope that Jesus offers you through salvation? Where in your life right now can you see glimpses of hope from Jesus?

How does suffering affect your attitude? What is the difference between your attitude during suffering and Paul's attitude?

How does the promise of a new body help give you hope in both this life and the next?

**Read 2 Corinthians 5:1-10.** What in this passage encourages you the most? How should your life be different knowing that this is the future, which awaits us in heaven?

### Challenge

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Complete this chart!

Things of this world that cause suffering	Things I am looking forward to in heaven

# Hope

## Session Six



### Leader Check-in

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How did God help you through suffering this week? Was there anyone whom you shared hope?

### Discover

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Think back to when you were a child taking a road trip with your parents; did you ever ask them the question, "Are we there yet?" Explain why it was so hard to wait patiently.

**Read Titus 1:1-2.** What is promised to God's elect according to these verses? What does that mean for us today?

**Read Titus 3:4-7.** What gives us hope that we have eternal life? What is the foundation of our hope?

Reflect and comment on the three truths presented in the video. Do you agree or disagree?

1. We will live with God in His dwelling place
2. We will reign with God eternally
3. We will receive an inheritance as God's children

### Fully Own

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**Read Revelation 22:5.** How does the book of Revelation affect our definition of eternal hope?

How can hope in our eternal future affect our present life? What should be different about our daily routines when we consider our eternal future in relationship with God?

Who in your life does NOT have an eternal hope? What could you do to help them receive the same hope you have.

### Challenge

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Read Revelation 21 and 22 every day for the next 7 days. Meditate on the eternal future Jesus promises us.