

Unstuck

Leader Overview

Welcome

It's easy for Christians to find themselves caught up in the life of cluttered schedules, rhythms, and routines dictated by our culture. Many feel stuck in the routine of life—their jobs, relationships, and daily circumstances. They know it's not the life they dreamed of. And they feel stuck in a life yearning for deeper meaning. This 4-week study is designed to get you and your group 'Unstuck' and walking the path to a life of purpose that God intends for you!

Series Overview

Week 1: Unimaginable- *View suffering and tragedies through a biblical lens and what our response as Christians should be to pain.*

Week 2: Unsafe- *Learn where temptation comes from and how to fight it.*

Week 3: Unwanted- *Discover what God says about those that feel outcast and rejected and in turn what our response should be.*

Week 4: Unstuck- *Explore ways that you can individually and as a group move from just saying what you believe to in your doing what you believe.*

Discipleship Insights

- Each video begins with a clip from the feature length Journey to Jamaa. Week 5 is simply the film in its entirety and does not have discussion questions with it.
- Week two deals heavily with sin and there is time in your group discussions to confess sins to each other. It is strongly encouraged that you break your group into men and women during this time.
- The final week of this series will invite your Life Group to complete a **Marks of Ownership Assessment**. This resource has been attached to the study guide for this series. We would like to encourage you to give your group members a heads up so that they can be thinking and praying about their answers before they come to group. You may even ask them to complete it before group time so that you can spend more time discussing than completing the assessment. We hope this time will give you deep insights into where your group members are on their spiritual journey, so that you can help them take their next step of faith.