



# Life Rules

## Leader's Guide



### Welcome

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When we were in kindergarten, half the fun of living was breaking the rules without the teacher noticing. In real adult life, however, there is nothing fun about broken promises, relationships, or hearts. In this study from North Point Resources, Andy Stanley explains God's set of life rules that can improve current relationships and mend broken ones. Every game requires parameters, and in this lifelong journey toward heaven, it is never too late to learn, relearn, and follow the rules God clearly outlines for His people...because they set you on the course for success!

### Series Overview

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#### Week 1: Group Curriculum Session One

Andy Stanley invites you to join them as they seek out to live by a certain set of life rules. Over the next few weeks, he will unpack these simple rules to help you and others build a healthy, strong community.

#### Week 2: Group Curriculum Session Two

Forgiving one another is often the hardest thing to do in a community. We struggle forgiving others because we feel they owe us something they stole. Learn how to cancel debts and move on in better relationship with those who have hurt you the most.

#### Week 3: Group Curriculum Session Three

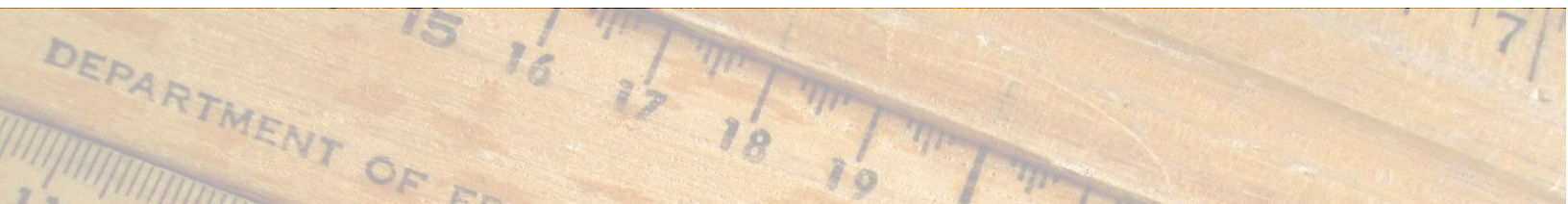
Identify the lenses with which you view others and discover how rejection and acceptance have shaped your identity over the years.

#### Week 4: Group Curriculum Session Four

Everyone longs to have a group of friends whom they can trust, but in order to develop trust we must learn to serve those around us. Andy teaches in this session that if you only serve yourself then you will end up by yourself.

#### Week 5: Group Curriculum Session Five

We all long for encouragement; nothing feels better than to hear someone say, "Good job!" So why is it so difficult to encourage others in our community? Andy speaks about the important of encourage others.





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### Week 6: Group Curriculum Session Six

Submitting means to place yourself under one's authority. It is a choice that you make, not the one in authority. Learn how developing a posture of submission can learn to a thriving community.

### Discipleship Insights

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- This series also includes the complete sermons from Andy Stanley. Challenge your group members to watch the entire sermons on their own time at home.
- Encourage group members to journal about their experiences as they attempt to implement these life rules in their life.
- Write out each life rule on a piece of paper and hang it or stick it somewhere you can see it consistently.
- Challenge the group to select a couple of the key passages of Scripture for memorization. Sometime in the near future you can regroup to see who can recite them from memory.
- Pray that God would bring about opportunities for you to implement some of the life rules.